

**WARNING! THIS IS AN IMPORTANT DOCUMENT WHICH AFFECTS YOUR LEGAL RIGHTS AND OBLIGATIONS. READ IT CAREFULLY AND DO NOT SIGN UNLESS YOU ARE SATISFIED YOU UNDERSTAND IT.**

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT.**

I wish to participate in an outdoor recreational activity program organised by Manly Warringah Motor Cycle Club Incorporated.  
 I understand that some of the activities in which I may participate:

- Will be physically and emotionally demanding; and
- May involve a significant risk of physical harm.
- My participation in any activity is voluntary and not compulsory.

I understand certain inherent risks exist in the activities in which I will be participating. Although the organisation and its instructors will provide me with appropriate directions and will endeavour to minimise my exposure to the risk of harm, these inherent risks are beyond the control of the Manly Warringah Motor Cycle Club Inc., its volunteers and staff and cannot be avoided by the exercise of reasonable care and skill. Inherent risks include changes in weather conditions and difficulties in obtaining emergency medical assistance. For example, some activities will take place in remote settings, hours from the nearest medical services.

I am aware that there are some risks that are common to many or all of the activities in which I may participate, such as the risk of harm caused by varying weather conditions, by uneven or changing terrain and by native flora and fauna. However, some activities in which I may participate carry with them risks of harm that are particular to that activity, such as the following risks:

Motor bike riding

- Losing control of bike and colliding with obstacles such as trees, rocks or other cyclists;
- Failing to negotiate obstacles including difficult terrain;
- Being required to carry bike due to nature or condition of terrain;
- Falling from bike, possibly at speed;
- Becoming lost;
- Being exposed to the elements for long periods of time;
- Being injured in an area not readily accessible for emergency services.

Further more I acknowledge that:

- I am legally licenced to ride a motorcycle on a public road and the motorcycle I am riding is registered and roadworthy;
- I will not ride in a reckless and dangerous manner and will comply with traffic and road laws of NSW;
- I do not have any physical, mental or medical condition, which may endanger me or anyone else attending the Ride;
- I will not ride if I have consumed alcohol or other drugs.

I authorise the Manly Warringah Motor Cycle Club Inc., to arrange medical treatment and emergency evacuation services on my behalf and at my cost, in the event of my injury or illness, as it deems necessary.

**EVENT NAME .....** **DATE .....**

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